

### NORTH ATLANTIC PLANNING AND PLOTTING

**WARNING** - Refer to current flight information publications for information within foreign airspace.

**PROCEDURES** - Aircraft operating within the NAT MINIMUM NAVIGATION PERFORMANCE SPECIFICATIONS AIRSPACE (MNPS) are required to have a minimum navigation performance capability. Refer Flight Planning and Procedures Canada and North Atlantic (GPH 204) and IAP Canada.

IFR FLIGHT PLANS required at and above FL 60 in: Gander, New York, Shanwick and Santa Maria Oceanic Areas.

IFR FLIGHT PLANS required at or above FL 195 in Sondrestrom and FL 60 in Reykjavik FIRS.

**METEOROLOGY** - Weather messages for the North Atlantic may refer to numbered zones. These zones are numbered West from Greenwich every 5 degrees of Longitude, i.e. W005 to W010 is zone 2; W050 to W055 is zone 11.

### OCEANIC FREQUENCIES

**NAT "A"** (North Atlantic Family "A") - To be used by aircraft regardless of state of registration flying southerly NAT routes.

**NAT "B"** (North Atlantic Family "B") - To be used by aircraft registered west of 30W flying central and northerly NAT routes.

**NAT "C"** (North Atlantic Family "C") - To be used by aircraft registered east of 30W flying central and northerly NAT routes.

**NAT "D"** (North Atlantic Family "D") - To be used by aircraft regardless of state of registration flying Polar routes.

**NAT "E"** (North Atlantic Family "E") - To be used by aircraft regardless of state of registration flying southerly NAT routes.

**NAT "F"** (North Atlantic Family "F") - To be used by aircraft regardless of state of registration flying central NAT routes.

**CAR "A"** and **"B"** (Caribbean Area) - Self explanatory.

**SELCAL** available on all HF frequencies.

**NAT "A"** frequencies - 3016, 5598, 8906, 13306  
**NAT "B"** frequencies - 2828, 5616, 8954, 13291  
**NAT "C"** frequencies - 2872, 5649, 8879, 11336, 13306  
**NAT "D"** frequencies - 2971, 4676, 8891, 11279, 13291  
**NAT "E"** frequencies - 2962, 6828, 8825, 11309, 13354  
**NAT "F"** frequencies - 3476, 6522, 8831, 13291

**GANDER OCEANIC**  
**NAT "A"** - 122.375 126.9  
**NAT "B"** - 122.375 126.9 127.1 127.9  
**NAT "C"** - 122.375 126.9 127.1 127.9  
**NAT "F"** - 122.375 126.9 127.1 127.9

**ICELAND OCEANIC**  
**NAT "B"** - 127.9 2889 5616 8864 13291  
**NAT "C"** - 127.9 2872 5649 8879 13306  
**NAT "D"** - 127.9 2971 4676 8891 11279 13291  
**NAT "E"** - 127.9 2962 6828 8825 11309 13354

**NEW YORK OCEANIC**  
**NAT "A"** - 129.9 3016 5598 8906 13306 17946  
**NAT "E"** - 129.9 2962 6828 8825 11309 13354  
**CAR "A"** - 130.7 2887 5550 6577 8918 11396 13297  
**CAR "B"** - 130.7 3455 5520 6586 8846 11330 17907

**NOTE:** All VHF frequencies are extended range.

